



## Patricia Bowen Library and Knowledge Service Newsletter - summer 2021



Welcome to the Patricia Bowen Library and Knowledge Services Newsletter. We hope that you find it both useful and informative.

The library service welcomes your comments and suggestions all of which help us to deliver a more user-focused service. If you wish to make a comment or suggestion, please visit the library during opening hours or email:

[chelwest.library.infoservice@nhs.net](mailto:chelwest.library.infoservice@nhs.net)

### **This issue covers:**

NHS Knowledge and library services awareness week

Uplifting resources

Wellbeing support services

Coronavirus portals

eBooks

OpenAthens

Our performance

Book amnesty

# NHS knowledge and library services awareness week



Join us to take this opportunity to shine a light on the positive impact of Knowledge and Library Services from 14-18 June.

Library staff are experts in:

- Providing the right, evidence based intelligence to help you make the right decisions about patient care
- Finding the most up to date information to simplify research and the spread of innovation
- Supporting your education and lifelong learning

[Contact us](#) to check with library team that you are tapping into all our digital knowledge resources



## **Uplifting Resources**

Health Education England and the Reading Agency have crowd-sourced a list of uplifting, digital resources.

The following 10 print titles have been chosen for the NHS staff by NHS staff

1. "Love in colour" by Bolu Babalola
2. "The boy, the mole, the fox and the horse" by Charlie Mackesey
3. "Three things about Elsie" by Joanna Cannon
4. "Before the coffee gets cold" by Toshikazu Kawaguchi
5. "The lido" by Libby Page
6. "Where the crawdads sing" by Delia Owens
7. "The salt path" by Raynor Winn
8. "Calypso" by David Sedaris
9. "The lost spells" by Robert Macfarlane and Jackie Morris
10. "Happiness FM" by Mary Dickins

Print copies of these are available soon in the library

To find Apps, videos, podcasts and other online content for self-care and wellbeing, crowd sourced from NHS staff. Go to:

[library.nhs.uk/nhs-staff-and-learners/](https://library.nhs.uk/nhs-staff-and-learners/)

# Wellbeing Support Resources

## Digital Collection

- [Recovery and Resilience](#)
- [Looking after yourself](#)
- [Compassionate Leadership](#)
- [Coping with Challenges and Change](#)

## Print Collection

The wellbeing collection has a range of self-help and mood-boosting-books for you to read in the library or borrow overnight.

Books include:

- Mindfulness
- Stress and Anxiety Management
- Emotional Resilience
- Meditation
- Yoga, Pilates & Tai Chi
- Healthy Eating

# Coronavirus (COVID-19) Portals

## Resource Hub for staff

This [resource hub](#) is created to signpost staff to a range of evidence resources. Most of the resources are free but some may require an OpenAthens sign-in. If you don't have open Athens account you can [register here](#).



## Portal for Patients

A new [Coronavirus page](#) has been added to the [Health Information Web](#) portal to signpost patients to good quality health websites.

## eBooks

The Library provides access to the following e-books.

- [Cardiology eBooks](#)
- [Gastroenterology eBooks](#)
- [Obstetrics & Gynaecology eBooks](#)
- [Orthopaedics eBooks](#)
- [Paediatrics eBooks](#)

**Kortext** – A collection of over 100 eBooks available to read electronically. Type 'Chelsea & Westminster Hospital NHS Foundation Trust (West Middlesex Hospital site)' and log in with your OpenAthens username and password. Click 'Collections' to look at the available titles.

**Oxford Medicine Online eBooks** – To access these you must use [Login with Athens/Access Management Federation »](#) and select NHS England.

To access these and more eBooks, you must login to your OpenAthens. If you don't have openAthens account, you can [register now](#).

# Open Athens



## Did you know?

**NHS OpenAthens provides access to a range of nationally and locally procured online resources; including healthcare databases, eJournals and eBooks.**

**Do you want to get Westmid OpenAthens account?**



**Did you know? You can access the following resources with your Westmid OpenAthens account.**

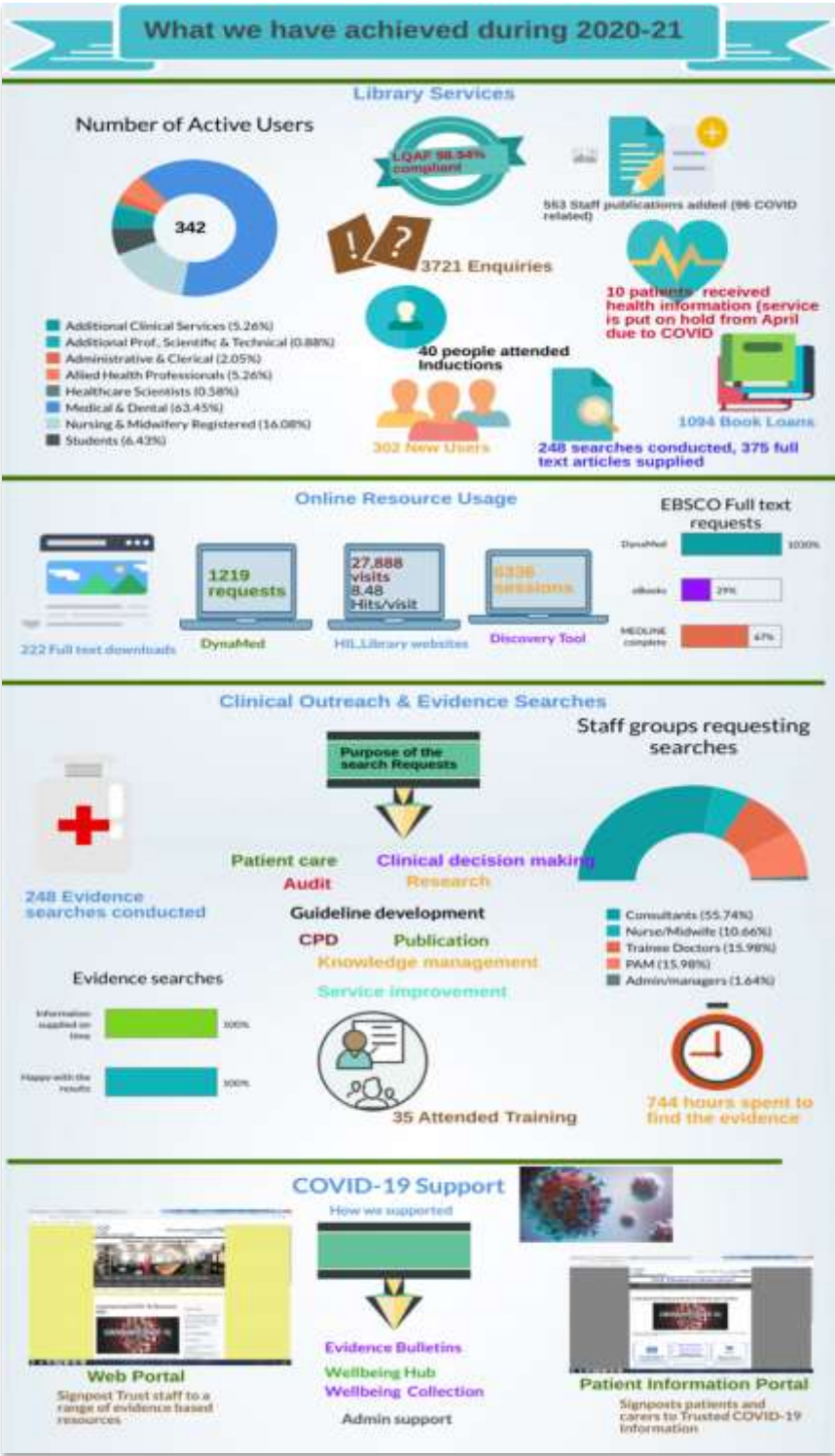
[DyanMed](#)  
[BMJ Best Practice](#)  
[Drug & Therapeutics Bulletin](#)  
[Visual DX](#)  
[Oxford Medicine Online](#)

[Heath Care Databases](#)  
[EBSCO eBooks](#)  
[Discovery Tool](#)  
[Royal Marsden Manual](#)

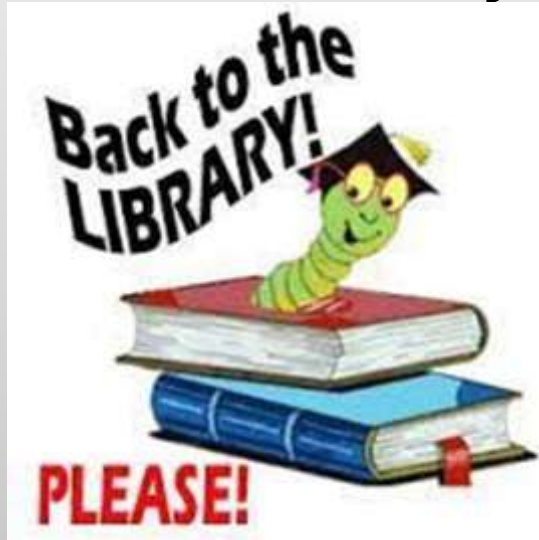




# Our Performance



## Book Amnesty



If you have overdue library books, have you forgot to return or lost and found, don't worry! Please bring them back to the library, we don't charge any fines.

## Contact Us



**Tel: 0208 321 5968**

**Email: [chelwest.library.infoservice@nhs.net](mailto:chelwest.library.infoservice@nhs.net)**

**Library Staff:**

**Library Services Manager: Uma Devalapalli**

**Assistant Librarian: Louise Levitt**

**Library Assistant: Fiona Price**