

Essential Skills for Deployed Staff

Just-in-time training for those deployed in the COVID
response – January/February 2021

12th January 2021

NHS England and NHS Improvement



Overview

What is purpose of this document?

This document summarises COVID response essential skills for non-registered support staff (NRSS). These essential skills have been divided into 8 steps:

Steps	Activity
<u>1–6</u>	Access to COVID specific self-directed learning: <ul style="list-style-type: none"> • Create an e-LfH login • Know your infection prevention & control • Using equipment for the first time • Taking and recording observations • Fundamentals of patient hygiene • Staff support and wellbeing
<u>7</u>	Documenting your skills in the passport
<u>8</u>	Sign-up for a virtual ‘just in time’ tutorial

Who are we and how to get in touch?

The London Transformation and Learning Collaborative (LTLC) was formed in July 2020, to support London with the cross-skilling of the London NHS workforce for critical care, through education and training ([See here](#)).

Please get in touch if you have any questions ltlc@hee.nhs.uk

Step 1: Create an e-LfH login

Tips for using this document

Create an e-learning for Health login

[There are tutorial videos on that here](#)

Click on icons to access a direct link to resource...

...but to log your learning via e-LfH, click the hyperlink in the bottom box

Step 2: Know your infection prevention & control



Public Health
England

Infection
Prevention and
Control Quick
reference guide

[Read this
document](#)

YouTube

Donning PPE

[7 minute video](#)

YouTube

Doffing and
Disposal of PPE

[5 minute video](#)

YouTube

Handwashing

[1 minute video](#)

YouTube

Aseptic Non-
touch
Technique

[12 minute
video](#)

Step 3: Using equipment for the first time



Orientation to the ICU bedspace

[360 interactive images](#)



Equipment instruction matrix

[Use this when using unfamiliar equipment](#)



Processing a blood gas sample

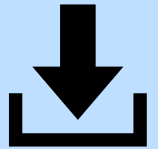
[4 minute video](#)



Proning

[7 minute video](#)

Step 4: Taking and recording observations



Richmond Sedation Scale

Blood pressure

Respiratory rate

Pulse (heart rate)

Temperature

Fluid Balance

[Read this quick reference guide](#)

[3 minute video](#)

[2 minute video](#)

[3 minute video](#)

[3 minute video](#)

[Read this 1 page guide](#)

Step 5: Fundamentals of patient hygiene

 YouTube

Perform a
bed bath

5 minute
video

 YouTube

Washing a
patient's
hair

3 minute
video

 YouTube

Using a
shampoo
cap

4 minute
video

Step 6: Staff support and wellbeing



Psychological preparation for pandemic

[6 minute video](#)



Managing your health and wellbeing

[Link to webpage](#)



Managing your mental wellbeing

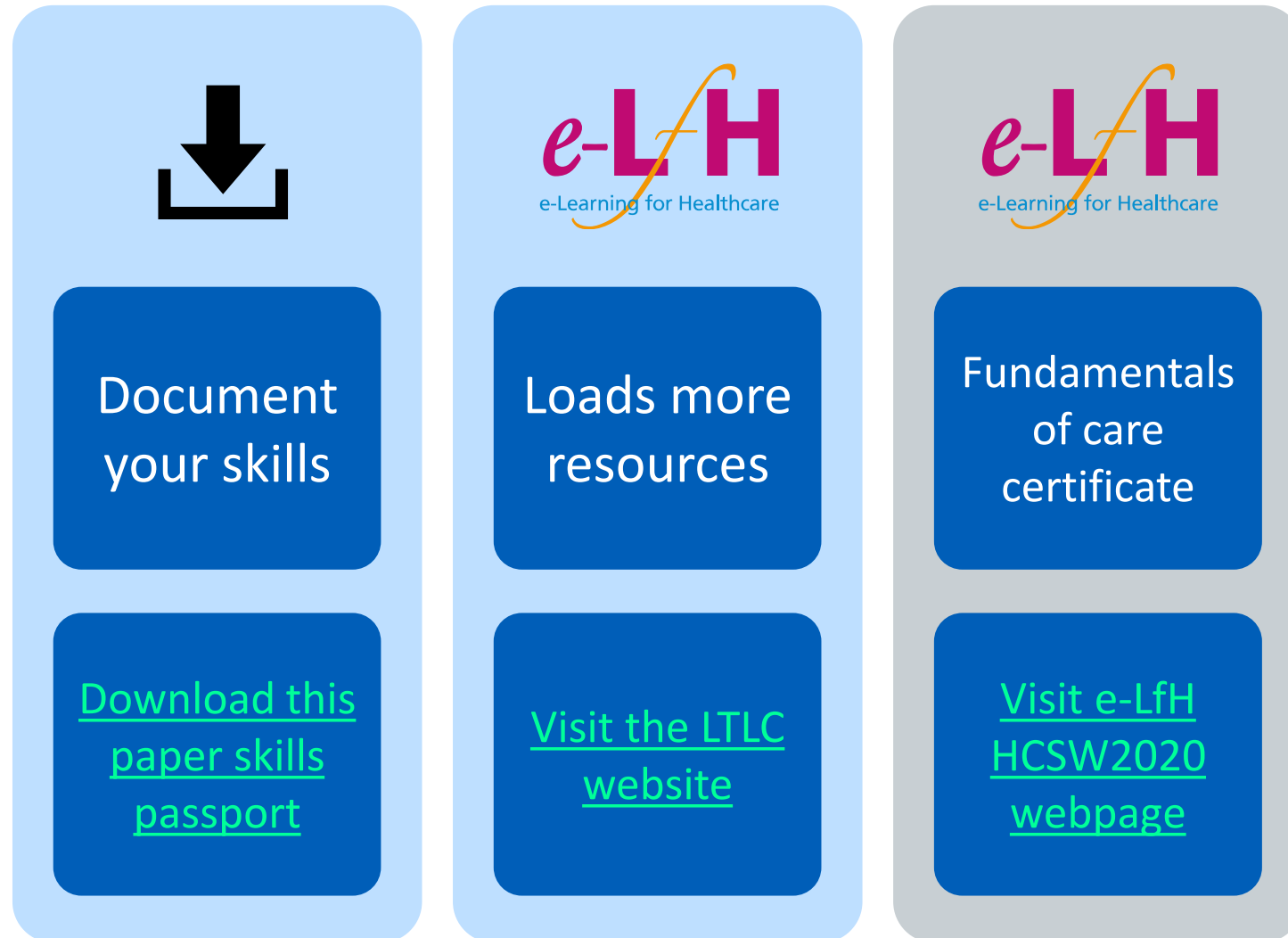
[Link to webpage](#)



Signposting to routes for support

[Link to webpage](#)

Step 7: Passport signoff and more learning



Only relevant for those interested in pursuing HCSW careers

Step 8: Sign-up for virtual 'just in time' tutorial

Agenda:

1. Day 1 survival skills
2. Critical communication skills
3. Psychological PPE
4. Understanding the NRSS role
5. Peer support
6. Signposting to more education or support



90 mins
tutorial

[Sign up here with
your email address](#)

Please email
ltlc@hee.nhs.uk with any
questions

